

Professional Auto Body Repair & Painting
 Expert Color Matching • Factory Genuine Parts
 Insurance Work Accepted • All Work Guaranteed
 Import Car Specialists • Major & Minor Repairs



A2 AUTO
 1385, Boul. des Laurentides local 103,
 Vimont, Laval 514 476-4565

THE NORTH SHORE News

Blainville, Boisbriand, Bois-des-Filion, Deux-Montagnes, Lorraine, Rosemère,
 Pointe-Calumet, Sainte-Marthe-sur-le-Lac, Sainte-Thérèse, Saint-Eustache



BARBIES
 RESTO • BAR • GRILL

SKIP Uber BOORDASH
 Pick up / Delivery
 400.868.0013
 Online Orders
 barbiesgrill.com

newsfirst
 MULTIMEDIA

Vol. 17 - 48

November 26, 2021

450-978-9999

www.ns-news.com

editor@newsfirst.ca



Re-elected Liberals offer new incentives and programs to deal with inflated housing market

The North Shore News EXCLUSIVE

Federal Minister of Housing, Diversity and Inclusion Ahmed Hussen says Ottawa will be making good on election pledges to help home buyers with new incentives and programs.
 (File photo: Newsfirst Multimedia)

Page 3

Finally, extension work has started...



Northward expansion expected to revitalize economy of Laval and North Shore region

Page 7

Thinking of Selling Your Home?

Call me today for a **FREE** evaluation with no obligation.




VOULA KOTTARIDIS REAL ESTATE BROKER
 514 993.5010
 AGENTVK@GMAIL.COM

ROYAL LEPAGE
 HUMANIA CENTRE
 Agente immobilière
 450.682.2121

FREE EVALUATION OF YOUR HOME WITH NO OBLIGATION!

To fight COVID-19,

wash your _____, wear
a _____ and keep your
_____ from others.



Let's continue to
protect ourselves.

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

Answers: hands, mask, distance. We know you know.

Ottawa coming to the rescue of young home buyers, says Housing Minister Ahmed Hussen



MARTIN C. BARRY
marty@newsfirst.ca

Faced with skyrocketing real estate prices that are shutting an increasing number of house buyers out of the market, the Trudeau Liberal government's new Minister of Housing, Diversity and Inclusion says Ottawa will be coming to the rescue with new incentive programs aimed especially at potential young home buyers.

House prices soared

According to the Canadian Real Estate Association, the average price of a home in Canada has gone up more than 50 per cent in the last five years.

Nationally, the average home price in September – when Canadians went to the polls and elected a new Liberal government – was up 13.9 per cent over the same month the year before.

“The current election has made it very clear that housing is a top priority for Canadians,” Ahmed Hussen said in an interview with Newsfirst Multimedia. He noted that the government introduced a proposed housing plan during the election campaign that would build on a foundation based on an earlier Liberal housing policy.

Helping first-time buyers

In addition to provisions to build more affordable housing including rental units, the wide-ranging plan also includes new programs for “rent-to-own,” which “should give more first-time home buyers, especially young Canadians, the ability to buy their first home,” said Hussen.

“We’ll also be implementing a promise to introduce a first-time home buyer tax-free savings account,” he continued, noting that account holders will be able to put in up to



Federal Minister of Housing, Diversity and Inclusion Ahmed Hussen says Ottawa will be coming to the rescue of home buyers beleaguered by inflated prices with new incentive programs. (File photo: Martin C. Barry, Newsfirst Multimedia)

\$40,000 tax-free as a down payment. At the same time, he said the federal government will be continuing a first-time home buyer incentive program to help with first-time home purchases.

Funds for cities and towns

As well as these programs focused on families and individuals, Hussen said Liberal government programs introduced during the Covid pandemic are making significant sums available to towns and cities for “100 per cent federally-funded rapid housing solutions for the most vulnerable in our communities, including the City of Montreal, which got money to build over 312 new permanent affordable housing units for the most vulnerable residents of Montreal.”

One of the persistent problems that officials from certain municipalities like Montreal have expressed has been their inability to put together a “bank” of purchased properties to be developed into low-cost or social housing, because of the steep prices now being demanded in a very competitive real estate market.

billion fund will be application-based, and we will encourage municipalities to do everything that they can to bring forth measures that will encourage more housing supply fast.”

‘We need more housing’

Hussen said this measure and others currently being offered by the federal government will encourage “and really help municipalities overcome some of their challenges. We need more housing supply in Canada, we need more affordable housing.

“We also need more mixed housing and we need more housing built around transit. All of those things encouraging more accessibility and energy-efficiency in housing projects are something we have supported in the past, but we will be able to even more with the commitments we made during the election.”

Foreign home investment ban

Hussen reiterated that the Liberal government plans to honour a pledge made by the Liberals prior to the September election that they would introduce a two-year ban on investment by non-Canadians in home ownership as one of several means to deal with the problem of housing affordability in Canada.

“We promised a two-year ban on foreign investment – not foreign ownership – moving forward,” he explained. The proposed restriction would be an attempt by Ottawa to calm the Canadian housing market, which soared during the Covid-19 pandemic and has yet to cool down, while inflation takes a toll on the stability of the country’s economy.

Municipalities and housing

With this in mind, Hussen said his ministry wants to set up a \$4 billion accelerator fund to “incentivize municipalities to build more affordable housing, to build more housing supply and to overcome some of the barriers to building more housing. That includes, for example, helping municipalities purchase land, overcoming some of the other hurdles.

“And we want to make sure there is more supply of housing in Canada so that we can meet the really high demand for housing. So, that \$4



The CISSS des Laurentides wins 1st prize

In the Health and psychological well-being category / large business 2021



MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

The Integrated Health and Social Services Center (CISSS) des Laurentides won first place in the category Health and psychological well-being / large business for the Distinctions Awards 2021 awarded by the Groupe entreprise en santé.

The virtual clinic initiative launched at the heart of the pandemic stood out among many companies in Quebec. This award is an important recognition for the organization, which continues to make its mark for the notoriety of its Plugins health organizational approach as well as an interesting way of being attractive and benevolent in the eyes of future employees.

An awards ceremony will be held on November 25th. The CISSS des Laurentides would like thanked the staff and collaborators who made this service possible during difficult times.

What is the virtual clinic?

The Branchés santé virtual clinic was created during the pandemic to provide support to employees. This initiative aims to offer free teleconsultations to CISSS des Laurentides teams to provide them with support, listening skills, to meet their health and wellness needs, to share tools and refer them to other services in complete confidentiality. The services were offered by professionals of the organization who had been relieved of their usual duties because they could not be in contact with patients. Ultimately, the results were excellent and made it possible to keep several people in place and thus have a positive impact on the quality of care and services to the population.



Trusted care since 1996



Foot pain? WE CAN HELP!

- **BUNION & HAMMERTOE SURGERY** (minimum incision)
- Foot, Ankle and Knee Pain
- Custom high quality plantar orthotics
- Ingrown Toenails
- **EFFECTIVE** treatments for Plantar Warts
- **LASER TECHNOLOGY** (discolored nails)
- Pediatric Foot Problems

25 Years Experience

New York College of Podiatric Medicine (1996)
Clinician at UQTR

podiatrerenord.com

450 979-0303

Dr Martin Scutt,
PODIATRIST & Assoc.

260 Grande Cote,
Rosemere
(near the train station)



Publishers:

George Bakoyannis
George S. Guzman

General Director:

George Bakoyannis

VP Sales & Marketing:

George S. Guzman
sales@newsfirst.ca

Graphic Design:

Elena Molter
Thomas Bakoyannis

Advertising Consultants:

Peter Stavropoulos
peter@newsfirst.ca

Jean Paul Chamberland

Editorial Staff:

Martin C. Barry
Maria Diamantis
Renata Isopo
Robert Vairo

The views, opinions and positions expressed by
columnists and contributors are the author's alone.
They do not inherently or expressly reflect the
views, opinions and/or positions of our publication

Layout: MEDIA TREK

Distribution: DIFFUMAG

Printing: TC. TRANSCONTINENTAL

Project funded in part by
Canada

Member of
Quebec Community Newspapers Association &
Canadian Community Newspapers Association



National Representation:

RÉSEAU SÉLECT

TEL.: 1-800-361-7262 ext 241056

ISSN number : 1923-0648

Annual subscription : \$97⁹⁸ tax ind. • Per copy : \$1

Publishers' Liability for Error: The publishers shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The publishers' liability for other errors or omissions in connection with any advertisement is strictly limited to publication of the advertisement in any subsequent issues or the refund of any monies paid for the advertisement. Articles published reflect writers' opinions, but not necessarily the opinion of this newspaper.

ENTIRE CONTENTS COPYRIGHT 2021

OPINION & Editorial



Radon: the silent killer lurking in your home

Radon is the second leading cause of lung cancer

When we think of a tasteless, odourless and invisible killer potentially lurking in our homes, carbon monoxide (CO) immediately comes to mind. What's beyond our radar, however, is radon. In Canada, radon is the second leading cause of lung cancer, next to smoking, and the number one cause of cancer in non-smokers.

While carbon monoxide poisonings kill 300 people in Canada each year and 200 more are hospitalized, deaths from radon-induced lung cancer top 3,200. That's eight per day.

"The problem is fixable and totally preventable," says Dr. Aaron Goodarzi, Canada Research Chair for Radiation Exposure Disease and University of Calgary professor.

But people can't be complacent.

Radon is everywhere. According to Health Canada, it's a naturally occurring radioactive gas created as uranium found in soil and rock decays. When released from the ground into the open air, it becomes diluted and relatively harmless. However, when it seeps its way into enclosed spaces like our homes, it accumulates at high levels easily and exposes us to serious health risks as we breathe in that air.

It's in old homes and new homes alike. It sneaks in through openings like floor drains and sump pumps, foundation and floor cracks, and tiny gaps around pipes and enters the home because of the differences in indoor and outdoor air pressure.

As we breathe in radon gas, we're also absorbing the radioactive particles it's releasing into our lung tissue, damaging the lung's cells.

"Particle radiation from radon hits the cells of our lungs and deposits its energy there," says Goodarzi. "It reacts with our DNA and essentially breaks it apart. When our bodies try to heal it, it can cause genetic mutations that could cause lung cancer."

"Your lung tissue is completely vulnerable," says Kelley Bush, manager of the National Radon Outreach and Engage Program for Health Canada. "With almost four-day half-life, it sticks around for a while releasing this radiation and energy"

And if the levels are high enough over a long period of time, the risks go even higher, and it can stay in our bodies for a period of five to 25 years until cancer shows up.

And like any case of lung cancer, there are no symptoms until

it shows up at a deadlier stage. Bush says that, often, if caught in the early stages it's because another health issue was being scanned or tested for.

In Canada, the guideline for what's considered low risk for indoor air is 200 becquerels per cubic metre (200Bq/m³). One becquerel equals one radon atom disintegration or the emission of radiation per second.

"While the risk is lower at lower levels, with radon there is truly no safe level," says Health Canada's Bush. If your readings are 200-600 Bq/m³ mitigate within two years, above 600Bq/m³ mitigate within one year. Mitigation can usually be done within a day.

Don't hit the panic button just yet. Unlike deadly carbon monoxide or fumes from a fire that attack quickly, radon is only hazardous over time.

Still, don't wait too long. Goodarzi's research at EvictRadon.org shows it's vital that you test and reduce your amount of exposure.

Testing can be done at any time, although it's typically recommended during the winter months when the indoor air is warmer and pulls the radon in and windows are closed. But because we keep our windows closed even during the summer due to fumes from fires and with the use of air conditioning, Goodarzi says studies have shown that exposure in homes has become increasingly uniform throughout the year.

Bush is adamant that the risk is higher or equivalent to all accidental deaths, such as fire, poisoning, car crashes and drowning, combined.

"If you are changing the batteries in your smoke detector, if you are putting a lifejacket on your child when you get into a boat or your seatbelt on when you get into your car," says Bush, "then why would you not test your home for radon?"

November is National Radon Action Month in Canada and the perfect time to get your home tested.

Greg Gazin

You've got a place to vent

ANGRY? FRUSTRATED? ANNOYED?

Send a letter to the editor and get your opinion heard **loud and clear.**

editor@newsfirst.ca

More money for community organizations in the Laurentians

MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

The Integrated Health and Social Services Center (CISSS) des Laurentides announced that 93 community organizations in the region have benefited recently from an increase in their recurrent funding for their global mission.

In fact, following an announcement by the Ministry of Health and Social Services last June concerning the increase in the envelope of the Support Program for Community Organizations (PSOC), a recurring sum of \$ 708,856 has been awarded to the Laurentians region in order to support the overall mission of organizations recognized by the PSOC.

Thus, organizations eligible for this increase received additional financial support of up to \$ 19,327 per organization. The PSOC is a program specifically created for community organizations whose primary mission is to work mainly in health and social services. Over the years, community organizations have developed expertise in supporting target clientele in different settings by offering them a multitude of services to improve their quality-of-life while creating a social safety net within their community.

The CISSS des Laurentides wishes to emphasize the major role that community organizations play in the region. "We are delighted that several organizations in the territory can benefit from this financial increase. Since the health and well-being of our population are our



priorities, the involvement of organizations in our community is crucial and necessary. We are grateful to be able to count on their experience and their direct intervention with vulnerable people from our various backgrounds. These are important partners who contribute greatly and positively to the social fabric of our region," said the President and CEO of the CISSS des Laurentides, Ms. Rosemonde Landry. The Ministry of Health and Social Services

(MSSS) recognized the essential contribution of community organizations to improving the health and well-being of the population, in particular through the Support Program for Community Organizations (PSOC). This program is intended for community organizations whose mission is to work primarily in health and social services.

The PSOC is a contribution to the financing of community organizations in support of the achievement of their global mission. It is therefore only one of the many possible sources

of funding aimed at meeting their identified needs. Thus, community organizations are called upon to take steps to obtain additional funding from the community, partners, funders, etc. The financial contribution of the PSOC paid to an organization includes in particular the amounts necessary for its basic infrastructure (e.g. premises, secretariat, communications, etc.) and the accomplishment of its mission (e.g. salaries, organization of services or activities, representation, etc.).

Booster shots for seniors 70 and over

MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

As of November 18, seniors aged 75 and over who live at home can book an appointment to get a COVID-19 booster shot at the various vaccination sites in the region. An interval of at least six months must have elapsed since the last vaccine dose. "Anyone in this age group who has already received two vaccine doses can still receive a booster shot", said Ms. Rosemonde Landry, President and Executive Director of the Centre intégré de santé et de services sociaux (CISSS) des Laurentides.

To book an appointment online visit Québec.ca/vaccinCOVID or use the NotifVAX mobile app. Persons lacking internet access or who have difficulty using it can call 1-877-644-4545 to obtain support. If necessary, family and friends are encouraged to help seniors make an appointment online. A free shuttle service is also available in the region for persons with reduced mobility who need to be accompanied or who lack transportation. To access this service, call 1-866-495-5833.

According to Health Québec, a COVID-19 messenger RNA vaccine booster dose is recommended for: Residents in residential and long-term care centres (CHSLDs), people living in private seniors' residences (RPA), people living in settings with a high percentage of vulnerable older adults such as intermediate and family-type resources (RI-RTF), as well as certain religious communities, people age 80 and over living in the community as well as people age 70 to 79 living in the community who may also receive a booster dose.

Even though these individuals have adequate protection from two doses of COVID-19

vaccines, they are very likely to develop complications if they contract COVID-19. In addition, a slight increase in COVID-19 cases has been observed among these individuals. For these reasons, Santé Québec experts recommend that these individuals receive a COVID-19 messenger RNA vaccine booster dose. New data show better protection with a COVID-19 vaccine booster dose. A booster dose of COVID-19 messenger RNA vaccine is also recommended for those who were vaccinated only with the Janssen, AstraZeneca, or Covishield vaccine to increase their protection against COVID-19. The recommended interval between the last COVID-19 vaccine dose and the booster dose is six months or more.



Scellant Propre

Call Natale for a
FREE ESTIMATE
(514) 777-3774

We repair:

- Cracks
- Pot holes
- Edges of garage entrances and foundations
- Replacement of drains



Swearing-in ceremony for new Rosemère City Council

MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

After a successful election campaign that saw all seven members of mayor Eric Westram's Innovation Plus team elected with a comfortable majority, the new Municipal Council of Rosemère was sworn in on November 18 at a ceremony attended by their families and friends as well as several dignitaries at the Memorial Community Centre. During this ceremony, the elected representatives were sworn in and signed the official documents.

Mayor Eric Westram was re-elected for a second term with his team of six councillors, formed by four women and two men: Marie-Elaine Pitre (seat 1); Carla Brown (seat 2); Stéphanie Nantel (seat 3); René Villeneuve (seat 4); Melissa Monk (seat 5); Philippe Panet-Raymond (seat 6).

« I would like to thank the population for this renewed trust, which I accept with humility and enthusiasm, » said Rosemère Mayor Eric Westram. I am very pleased to continue this adventure formed by a team of five experienced elected officials and two new recruits, which brings a fresh take to Town Council. I am particularly proud that Rosemère is represented by a highly qualified team, with a wide range of skills, that combines three generations to make our town more dynamic. As elected officials, it is our duty to listen to the population and to make commitments that are representative of our needs and issues in Rosemère. Once again, the environment is at the heart of our concerns, and we will continue our efforts in the fight against climate change. In addition to

the environment and sustainable development, social and family life, public safety, finances and infrastructures, culture and communications are also aspects that will guide our orientations over the next four years, » he concluded.

Overview of the elected officials

Eric Westram, Mayor

A Rosemerite since 1980, Eric Westram has three daughters and five grandchildren. He was elected as a Town Councillor of Rosemère for three consecutive terms of office. In this capacity, he oversaw various important matters and sat on several decision-making committees. With his Bachelor's degree in Economics, he pursued a flourishing 25 years career in the pulp and paper industry and 10 years in the industrial sector (sales and sales management). As a resident, he served as a soccer coach for 33 years—a commitment that earned him the title of Volunteer of the Year for three separate years.

Marie-Elaine Pitre, seat 1

A resident of Rosemère for the past 17 years and mother of two young children, Marie-Elaine Pitre has 13 years of experience in sales and marketing in a variety of industries, the most recent being live entertainment. She has a bachelor's degree in management and is working toward her graduate diploma in marketing and branding at HEC Montréal.

Carla Brown, seat 2

Carla Brown made Rosemère her home almost seven years ago. A mother to three young boys, she has been working in real estate since 2006. She is currently a real estate broker and vice-president of a real estate agency on the North Shore. Her volunteer activities have included chairing the board of a childcare



centre and serving as vicechair of The Friends of McCaig Elementary School.

Stéphanie Nantel, seat 3

Stéphanie Nantel is a fourth generation Rosemerite and mother of five. She holds a bachelor's degree in communications from the Université du Québec à Montréal and owns and operates a business in this field. She is a former employee of the Town's Communications Department and subsequently served as a political attaché to Mayor Hélène Daneault. She has volunteered with several local schools and the Quebec Breast Cancer Foundation.

René Villeneuve, seat 4

René Villeneuve has been living in Rosemère since 2004 and is the proud father of two children. Before retiring, he worked in quality assurance for the aerospace industry for 40 years, serving as a quality supervisor for the cockpit of the BD-100 continental business jet as well as Airbus and Boeing subassemblies. His past volunteer commitments include board membership with the CPE La Petite Ardoise.

Melissa Monk, seat 5

Third generation Rosemerite Melissa Monk is the mother of two grown sons and a chartered professional accountant (CPA), with her own accounting practice in Rosemère. Her alma mater is Concordia University. Over the years, she has volunteered her time with such initiatives as a local bilingual preschool and efforts to develop the downtown area.

Philip Panet-Raymond, seat 6

Philip Panet-Raymond is a second-generation Rosemerite and father of three. He earned his bachelor's degree in economics and business administration from St. Francis Xavier University in Nova Scotia. For 30+ years, he served as a sales and marketing executive for a U.S.-based multinational specializing in automotive parts. He is now working as a teacher at a local school. His volunteer experience includes board appointments with the Lorraine Rosemère soccer club and the Rosemère Curling Club.

MEDIA-TREK®

Better service | Better quality | Better value for your money

<p>2500 Business Cards \$97 16 pt, full colour, 2 sided</p>	<p>as low as \$57</p>
<p>1000 Post Cards 4"x6" full colour, 2 sided</p>	<p>Only \$97</p>
<p>100 Posters 12"x18", 1 sided</p>	<p>Only \$87</p>
<p>1000 Flyers 8.5"x11" 100lb, 2 sided</p>	<p>Only \$167</p>
<p>Retractable Premium Banner</p> <ul style="list-style-type: none"> Protects your graphics in its aluminum base Free padded carry case included High resolution full color printing, waterproof, sunshine proof, premium banner material 	<p>33"x81" Only \$227</p>
<p>Print your cheques with us!</p> <p>Full Banking Security Features!</p>	<p>as low as \$87 250 cheques</p>

We print all kinds of cheques: Business, Canada or USA - Fast Delivery!

Call us at 450 978-0070 or via email info@newsfirst.ca

Salon des Métiers d'Art wraps up with success in Lorraine

The Salon des Métiers d'Art de Lorraine wrapped up on November 14th presenting nearly 40 craftsmen and authors. From November 12 to 14, the fruits of their talent delighted nearly 1,750 visitors to the Laurent G. Belley Cultural Center.

Diane D. Lavallée, city councillor responsible for arts and culture, underlined how much this event, so appreciated by the people of the region, generated the enthusiasm of the participants: "Despite the health instructions in force, we could feel all the frenzy. which inhabited both the exhibitors and the people who came to hunt for unique finds and quality objects. To finally meet for our traditional Salon was a balm after difficult months for all. Craftsmen have done good business, while buyers have found something to indulge and spoil their loved ones, as evidenced by the broad smiles and sparkling looks. A success across the board, which already makes us look forward to next year!"

During their passage, visitors could vote for their favorite artisan. Here are the exhibitors who received the greatest number of votes:

- 1st position: André Hamel (cabinetmaker), also "Coup de cœur" in 2018;
- 2nd position: Focus Pokatus (sculptural art in felted wool);
- 3rd position: Tout Doux (merino wool blankets).

Mr. Hamel, a great favorite of visitors, will thus be entitled to a free booth for the 2022 edition of the Show. It should also be noted that the City randomly handed out 19 gift certificates valued at \$ 25 to visitors, at the rate of one gift certificate per hour. The lucky ones were free to use this amount at the booth of their choice. It was a nice surprise for the recipients, who had no difficulty spending their gift.



Long-awaited extension of Autoroute 19 sees light of day

Northward expansion expected to revitalize economy of the North Shore region

RENATA ISOPO
renata@newsfirst.ca

Minister of Justice and Attorney General of Canada David Lametti, on behalf of federal Minister of Intergovernmental Affairs, Infrastructure and Communities Dominic Leblanc, and Québec Transport Minister François Bonnardel, announced last Friday November 19, the extension of Autoroute 19 between Laval and Bois-des-Filion.

Dignitaries from all three levels of government, including ministers, Members of Parliament, Members of the National Assembly and mayors of municipalities directly or indirectly impacted by the much-awaited and highly-desired highway project were present in large numbers to mark this important historical moment heralding the addition of 10-km to Autoroute 19, also known as Autoroute Papineau, which crosses the Rivière des Prairies the Papineau-Leblanc Bridge.

After numerous years on hold, the project, begun in Eastern Laval, will relieve congestion between Montréal and Bois-des-Filion by widening Route 335 to three lanes, a continuation of A-19 from Autoroute 440 to the Athanase-David Bridge, spanning Rivière des Mille Îles. Currently, nearly 34,000-55,000 vehicles use the Athanase-David Bridge daily.

The lands reserved for the project were expropriated in 1973 in anticipation of a future extension of A-19. That extension is now a virtual reality.

The first phase will stretch the 19 between Laval and Bois-des-Filion. This initial stage covering the construction of the Saint-Saëns interchange in Laval, is scheduled to start immediately and run until 2023. Work on other segments of the extended highway will follow.

Québec and Ottawa funding

The federal government pledged \$260.4 million for the work in 2019, based on \$520.9 million in eligible project costs. The Government of Quebec has kicked in with \$360 million. The entire project is estimated at \$500-\$600 million. The additions propose a new bridge east of the Athanase-David link, as well as new interchanges at Dagenais, des Laurentides, Mille Îles, and Adolphe-Chapleau.

The re-development of Autoroute 640 interchange, a 690-space incentive parking lot, and a terminus in the northeast quadrant of expressways 640 and 19 are also on the roster. Route 335 will be widened to three lanes in each direction, lanes for buses, electric vehicles and carpooling over the 10 kms between St. Martin Blvd. and Industriel in Bois-des-Filion. The project also provides for noise barriers, the redevelopment and extension of the multi-purpose path for pedestrians and cyclists, as well as refurbished roads between St. Martin Blvd. East and Autoroute 440.

With palpable enthusiasm reigning in the conference venue, David Lametti stated that he had never seen so many journalists and guests at a press conference, apparently well-impressed with the full house at the event. Amongst the many people present, he thanked Québec Transport Minister Bonnardel, federal MPs Angelo Iacono (Alfred-Pellan) and Yves Robillard (Marc-Aurèle-Fortin), and various North Shore mayors.

Lametti stated that he's "proud of this first phase in the construction of efficient and safe roads and in contributing to the economy, and community life." An apparent fan of the world's most beautiful game, the minister pointed to soccer activities as an important part of community life that will be positively affected by the enhanced transport services the completed



Ministers and Members of Parliament huddled for the exciting and historic event. (Photo: RENATA ISOPO)

highway project will provide for residents of the region. "The outcome," he concluded, "will be good jobs and business opportunities."

Crucial role for Québec

Québec minister Bonnardel described the province's crucial role in this massive project. "It is with great pleasure that I confirm the extension (widening) of Highway 19 between Laval and Bois-des-Filion," he said. "Finally, we begin the work. It's been 30-40 years in the making. This first step testifies to our government's commitment to improve mobility in the suburbs of the metropolitan region, and to contribute to the region's economic recovery. I had told my team that we wouldn't hold a press conference until we had a site where you're going to see tractors and workers about to start the work."

In Laval, Auteuil will have a street reconstructed over a stretch of approximately 1.2 Km that will lead to the widening and reconstruction of the roadway structure, the addition of closed drainage and bicycle paths to be completed by 2023. It will also permit the construction of a section of the 19 northbound for 1.45 km, a multi-use path, west links for Saint-Saëns East.

The bill for the Papineau Highway is \$600 million. As for the other phases, 2022 will tell, since a timeline will be established to complete the intended project, according to Bonnardel.

Without exception, Minister Bonnardel emphasized the carbon neutrality of the entire project. This first segment will begin 2021 and last until 2023. "There will also be a bus terminus (19 and 640), a bicycle lane and a sidewalk for pedestrians, and 1.2 kilometers of new street lights. This Phase 1 of the construction will cost \$60 million which will be completed in 2023." Minister Bonnardel thanked and gave credit to past ministers and politicians who were actively involved in moving this dossier forward.

Imminent closures

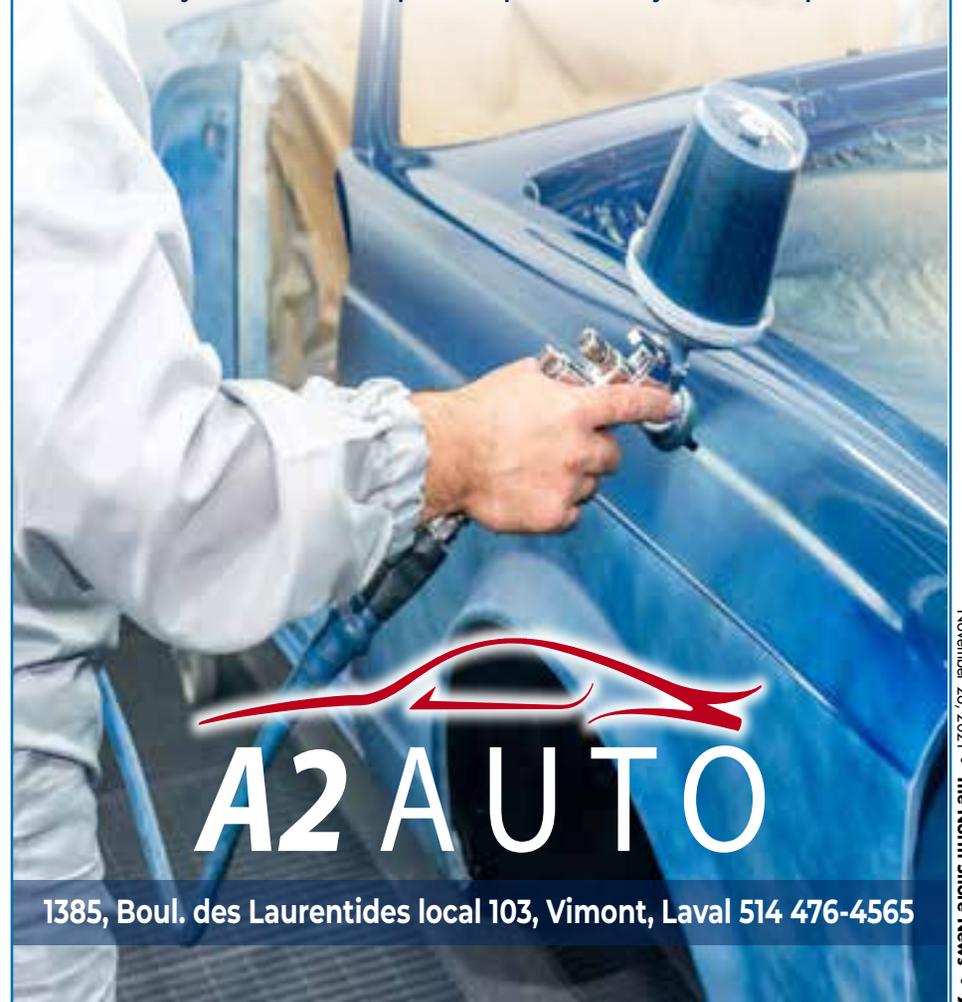
In order to execute the work, partial or complete, there will be closures in the evening on Route 335, Saint-Saëns Street East, and Perron Avenue in the upcoming weeks. The Québec Ministry of Transport will advise in advance. Detour signposts, including a temporary intersection which will be built at the Route 335 intersection and Avenue des Perron.

This project was the subject of a commitment by the Government of Canada for a contribution of \$260 million through the New Building Canada Fund, Territorial Infrastructure Component - National and Regional Projects.



Professional Auto Body Repair & Painting

- Insurance Work Accepted • All Work Guaranteed • Expert Color Matching
- Factory Genuine Parts • Import Car Specialists • Major & Minor Repairs



1385, Boul. des Laurentides local 103, Vimont, Laval 514 476-4565

A sparkling first for the Vieux-Saint-Eustache Christmas market

MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

The magic of the holiday season will soon take place in the heart of Vieux-Saint-Eustache as part of the first edition of its Christmas market. The event will be held on December 3, 4, 5 and December 10, 11, 12 in the gardens of the Globensky Mansion. Everyone is invited to come and discover the village of exhibitors presenting their local gourmet and artisanal products.

As soon as visitors enter the gardens, the city promises that they will be immersed in the magic of Christmas with the illuminated trees and the background music that will transporting them to the land of elves. They will also be able to admire the pretty colorful houses which will welcome our exhibitors. These were designed and manufactured by the students of the Construc-Plus training center. The market entrance is accessible from the parking lot behind the Saint-Eustache Aquatic Complex (230, boulevard Arthur-Sauvé).

Colorful activities

In addition to the exhibitors, on the site of the market, one can also attend the reading of tales around the fire, at the “Foyer Desjardins” or hear the choir, the Choir des Îles, sing Christmas carols. In addition, the traveling activities of naughty elves, wooden soldiers and star fairy will certainly transport young and old to the North Pole, to Santa’s workshop!

Visitors can also enjoy a host of activities organized on the fringes of the market. First of all, at the Globensky manor, workshops for all ages, under the theme “Christmas in the Victorian era”, are offered by Patrimoine culturel Vieux-Saint-Eustache. Participants will be able to make Christmas cards, make beeswax candles or even decorate cookies.

At the Center d’art La petite Eglise, the Grand Ensemble jazz de Saint-Eustache will offer two performances of their Christmas concert on Sunday, December 12.

The Vieux-Saint-Eustache Christmas market is an initiative of IDÉ Saint-Eustache, an economic development organization



administered by the Société de développement économique de Saint-Eustache (SODESE), and that Tourisme Basses-Laurentides was mandated to organize it. The Caisse Desjardins de Saint-Eustache – Deux-Montagnes, exclusive partner of the event, also offers visitors the “Foyer Desjardins” space to warm them up during their visit. The project is funded, among others, by the Regions and Rurality Fund program, a support component for local projects of the MRC Deux-Montagnes, and by the Proximity program, under the Canadian Partnership for Agriculture, an agreement concluded between the governments of the Canada and Quebec.

“A Christmas market is a happy stopover, a way of returning to what makes us feel good: sharing, friendship, meeting, pleasure, gluttony. This decor invites us to rediscover our childhood hearts, to dive into our sense of wonder and celebration. Our first Christmas market is all of this, but above all it is another magnificent way to bring life to this district, to showcase our local producers and to promote economic activity in the sector. I invite you to make the Vieux-Saint-Eustache Christmas market your next must-see holiday destination! », said the mayor of Saint-Eustache, Mr. Pierre Charron.

\$569,000

Centris No. 11860051

507, RUE LAVERGNE, LAVAL

Impeccable townhouse situated in great location of Ste-Dorothee. Open concept offering 3 bedrooms plus 1+1 baths. Many renos and updates done to property. Close to all shopping, schools, transport and highways. Beautiful backyard with large balcony and heated pool.

MUST SEE!!

CALL ME FOR MORE INFO.

RARE SPLIT

Detached split situated close to all conveniences. Offering 3+2 bedrooms, 3 full baths, large entrance, living room, dining room, family room, large playroom, double garage, beautiful backyard.

A MUST SEE!!

8 • The North Shore News • November 26, 2021

VOULA KOTTARIDIS REAL ESTATE BROKER
514 993.5010
AGENTVK@GMAIL.COM

EXCELLENT SERVICE | EXCEPTIONAL RESULTS

ROYAL LE PAGE

HUMANIA CENTRE Agence immobilière
450.682.2121

- Delays and Withdrawals
- Special assessments for co-ownerships
- Legal Assistance
- Latent Defects

1st of 55
Laval Real Estate Agents
Voula Kottaridis



DIRECT? ANSWERS

From Wayne & Tamara

Shifting Gears

My husband asked me for a divorce a few months ago. Previously he had not communicated all the little things that bothered him. He says he feels he has always come second in my life, second to my friends and to my constant yearning for learning and growth.

He held all this in for over a year. He is sorry he didn't tell me, but he feels the only solution is divorce.

We have seen a counsellor together four times. I still love him very much, and all this has hit me like a ton of bricks. I am so confused about what to do next. I am a "make it happen" person who hates to be unsettled, so I am having a difficult time.

A few weeks ago I told him, if he wants a divorce, go file.

We both consider each other best friends, but I cannot live with this constant roller coaster of feelings. We mutually decided it would be best if he moved out. He left 10 days ago to live with his brother. Even though this has been difficult for me, I still do not regret this decision.

We are seeing each other in therapy and going out occasionally for dinner or a movie.

I asked him how the first week away was, and he told me he is in limbo.

I am sure you have experience with similar situations. Do you have any advice for me?

Blair

Blair, your husband says he is in limbo. Limbo is a place where there is no pain, no suffering, and no regrets. He is more accustomed to the idea of divorce than you. He is beyond some of the pain you now feel.

The image that comes to mind is this. You two are changing gears. You are not in one gear and not in another, but you both know you are going to the next gear. Neither of you is seriously stepping on the brakes. You both know there is a truth behind this breakup.

Now you are going down the checklist. Think about divorce. Bring up the subject. Get the counselling. Move out. File. Determine what the relationship will be in the future.

You thought you were best friends, but for over a year he withheld his feelings. These feelings may have been there from the beginning. Perhaps now, with honesty, you can end this relationship as friends.

Wayne & Tamara

The Wedding Night

I am a 28-year-old Asian woman, well-educated and professionally employed. My upbringing has been more Korean than American, and perhaps for this reason I am having a hard time getting into the dating scene.

I am attracted to men, but I have never had a romantic date. I had one kiss from a Korean man after we danced (he had too much to drink), and one hug from an Anglo male (which I liked).

I want to marry and have a family, but I don't want to have sex before marriage. For this reason I'm afraid to get started in a romantic relationship, and unsure how to let a man know I am interested.

Sook

Sook, you are putting the cart before the horse. You have been stopping yourself from dating because you think dating is synonymous with having sex. It isn't.

Dating is the process of two people getting to know each other. They continue forward as long as it feels right. They stop when it feels wrong.

There is no reason to apologize for what you know is right for you. You want to marry and make love to your husband. Your feelings on this subject let men know who you are. Your feelings will prevent you from becoming involved with the wrong man.

Trust your feelings and trust yourself. For the right man, you will be exactly what he is looking for.

Wayne & Tamara

Wayne & Tamara Mitchell are the authors of YOUR OTHER HALF (www.yourotherhalf.com)
Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: DirectAnswers@WayneAndTamara.com



Doggie Daycare

- Boarding/Home Environment
- No cages
- Interacts with our family and pets

Just **\$16/day**

Julie's Pet Sitting Services

Will walk your dog or take care of your animals in your home while you are away.

Just* **\$12-22/visit**

(*Price may vary on location and pet)

Call Julie Laver
450.491.7637

Classifieds

The Morning News
Newspaper
PARC-EXTENSION
News
THE LAVAL news
Call 450 978.9999

WE BUY GOLD AND DIAMONDS

- For over 38 years -

450-681-1363



Before selling elsewhere, come see us!

Mon. to Wed. - 10am to 5:30pm

Thurs. and Fri. - 10am to 7:00pm

Saturday - 9am to noon

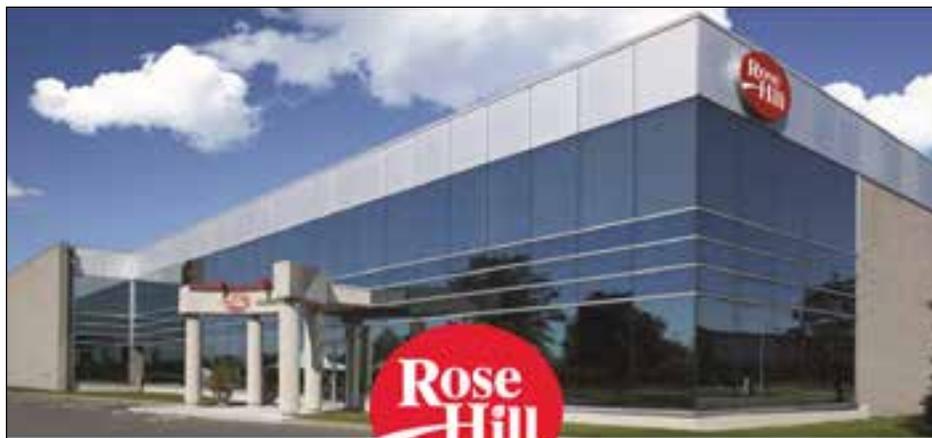
Sunday - Closed

solutionr1.com

*No price by phone

Same address since 1989

**1799, boul. Curé-Labelle,
Chomedey (North of St-Martin)**



We are hiring!

If you are looking for a permanent position with full benefits, higher than average salary, a respectful working environment and additional performance based compensation, Rose Hill Foods may be the ideal workplace for you!

Located in Ville Saint-Laurent (Montreal), with nearly 40 years of continuous evolution since its founding in 1983, Rose Hill Foods has become a leader in the Canadian food industry.

We are currently looking for capable and energetic people to work in our Production and Packaging Line.

The most valuable asset of our business is our employees!

Want to know more? Contact:

Vasileios Bourmpounis

E-mail: vbourmpounis@rosehillfoods.com

Tel.: (514) 745-1153 ext.: 245

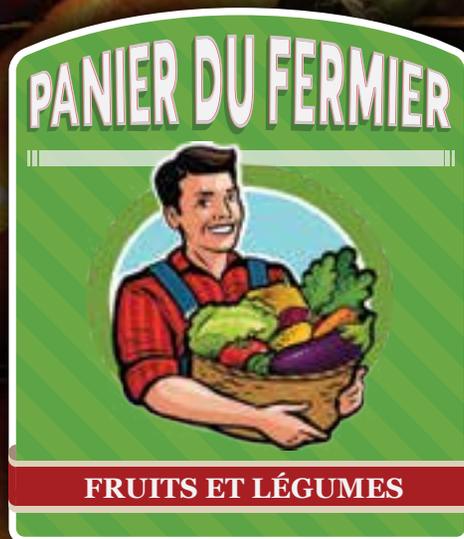
ROSE HILL Foods Inc.

7171 boul. Thimens, St-Laurent, Qc. Canada H4S 2A2 • www.rosehillfoods.com

Tel.: 514-745-1153 • SF: 800-361-3102

THURSDAY ONLY from **10am to 7pm**
In-Store *Cash & Carry* with no reservations!

**Fresh of the day
at amazing prices!**
Reserve yours today!



**Fruits and
Vegetables**

16 to 20 Varieties

Read what people are saying about us:
<https://www.facebook.com/PanierDuFermier/>

Ordering is so easy!

- 1** Place your orders online or by phone before 8 PM on Thursday
- 2** Pick up your baskets on Thursday, Friday or Saturday

Our customers

save
\$1,200
up to
per year

...and save time shopping, too!

**We also
deliver to
your home!**

A value of
\$60+
at the supermarket
You pay only
\$35

3151-B Boul. Dagenais Ouest (near Curé-Labelle) Laval, Québec H7P 1T8
(514) 473-4591 | panierdufermier.ca | panierdufermier@gmail.com

HOROSCOPE

Week of **NOVEMBER 28 TO DECEMBER 4, 2021**

The luckiest signs this week:

SAGITTARIUS, CAPRICORN AND AQUARIUS

♈ ARIES
You'll be in an excellent position to lead some major projects. You'll also be inspired to make a few drastic changes at work. Your significant other will be incredibly thoughtful and romantic this week.

♉ TAURUS
You'll receive some good news about your health or that of a loved one. You'll also see an unexpected increase in income. What's more, you'll likely improve your work-life balance.

♊ GEMINI
You'll find yourself the focus of everyone's attention. You might also receive some form of recognition for your achievements. This will be a source of immense pride and give you a confidence boost.

♋ CANCER
You should keep an eye on what you eat during the holiday season and drink alcohol in moderation. You might experience an upset stomach this week.

♌ LEO
You'll have a lot of errands to run, and your phone won't stop ringing. You might find yourself shuttling people around more than once. Your loved ones will start inviting you to parties as plans get underway.

♍ VIRGO
You'll have plenty of ideas for gifts and holiday parties. You'll need to prepare a budget to assess their feasibility, however, so that you're not tight on cash later. You'll undoubtedly be very generous.

♎ LIBRA
You're a spontaneous person. When an idea comes to you, you can basically consider it done. You'll feel a strong urge to get out of the house and socialize with friends. You'll also get involved with a charitable cause.

♏ SCORPIO
You might be annoyed by your work schedule this holiday season. With a bit of patience and determination, however, you'll manage to pull some strings. You'll also need to show that you're driven.

♐ SAGITTARIUS
If you're feeling on the verge of a burnout, try to get some rest right away. If nothing else, this will give you a clearer picture of your future. You may want to embrace a more spiritual approach to life.

♑ CAPRICORN
It's not always easy to balance family life and work. Time is in short supply, so you'll need to manage yours with great care. You'll also be faced with a variety of unforeseen situations.

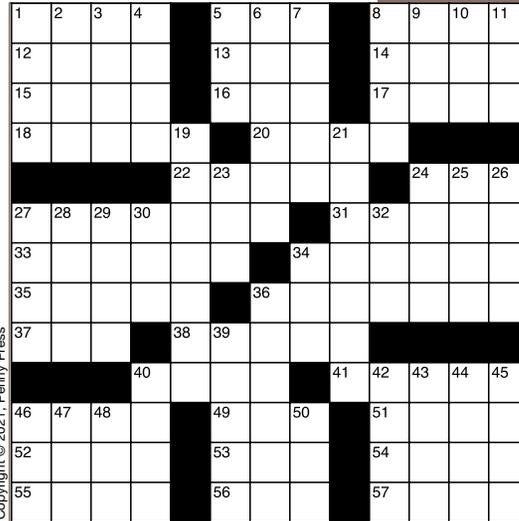
♒ AQUARIUS
You'll have the opportunity to plan a trip with loved ones. You'll want to do things differently for the holidays, so be sure to get started on the preparations. You'll finally discover your passion.

♓ PISCES
You'll try to hide your sensitivity. However, your loved ones will be very supportive if you're not in the right state of mind. Don't be afraid to show your emotions if you need to. Any changes that arise will be for the better.

Coffee Break

CROSSWORDS

PUZZLE NO. 104



Copyright © 2021, Penny Press

ACROSS

1. Catcher's glove
5. To's mate
8. Milky gemstone
12. Scent
13. Lobe's site
14. Annoy
15. Skeleton component
16. Toupee
17. Mellowed
18. Wilier
20. Sloop's cloth
22. Looking at
24. Convent denizen
27. Knock down
31. Big slipknot
33. Decreases
34. Extinguishes
35. Sports center
36. Sharpest
37. Bunk
38. Resound
40. Broadway blinker

DOWN

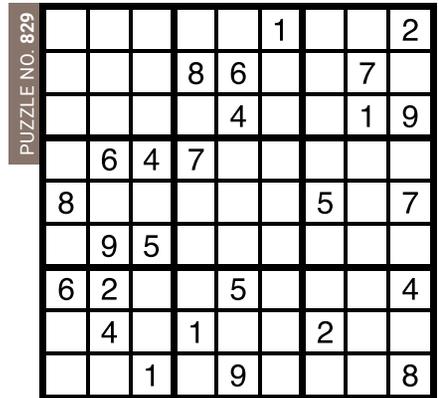
1. Crowds
2. Worshipped one
3. Actor Danza
4. Ash or spruce
5. "A ___ Good Men"
6. Dried grape
7. Church item
8. Uttered
9. ___ in a poke
10. Bubbly beverage
11. Was ahead
19. Go back over
21. Disregarded
23. No problem!
24. Have a ___ for news
25. Applies
26. Brood's home
27. Loose flesh
28. Folk tales
29. Dazzled
30. Number of fingers
32. Baseball call
34. Water obstruction
36. Smaller
39. Pony
40. Not any
42. Probability
43. Deteriorated
44. Rework text
45. Trims
46. Formal address
47. Expert
48. Hairstyling gool
50. Duffer's goal

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

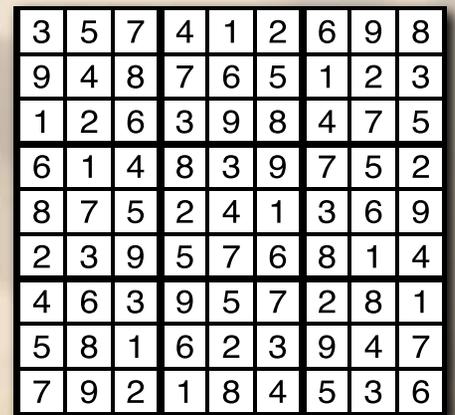


Last Issues' Answers

CROSSWORDS



Sudoku



SAVE MONEY

Print your cheques with us with confidence

We print all kinds of cheques: Business, Canada or USA Fast Delivery!

Amazing Prices!
250 for \$87
500 for \$127
1000 for \$187

MEDIA-TREK
Communications - Promotions - Marketing

Full Banking Security Features

Call us for more information 450.978.9999

Let me help
you find *your*
dream home.



Voula **Kottaridis**

514 993.5010

REAL ESTATE BROKER



ROYAL LEPAGE

HUMANIA CENTRE
Agence immobilière
450.682.2121