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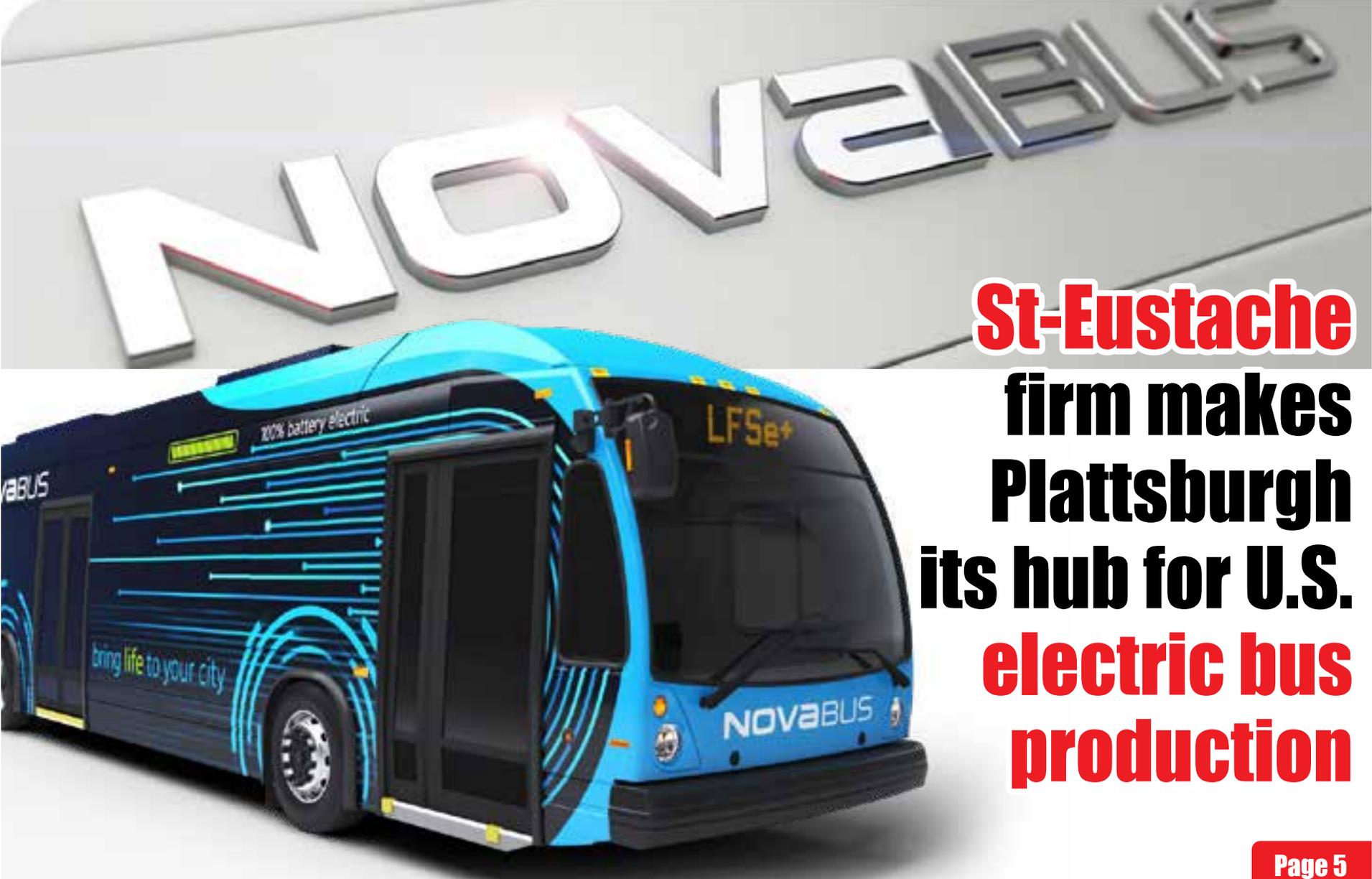
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**St-Eustache firm makes Plattsburgh its hub for U.S. electric bus production**

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Page 5



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# François Legault says he's ready 'for another four years'

Incumbent Premier addresses CAQ faithful, while courting Quebec's rural regions



MARTIN C. BARRY  
marty@newsfirst.ca

Quebec Premier François Legault all but confirmed at the conclusion of the Coalition Avenir Québec's general council meeting in Trois Rivières last Sunday what most observers had assumed already without knowing for certain.

Legault was hinting around two years into his first mandate which started in October 2018 that he felt the work he'd started a decade ago when he founded the CAQ was done and that he might be stepping away to make room for another leader.

## 'Ready for another four years'

However, finishing his speech to the CAQ membership just before the end of the two-day Covid-restricted gathering held as a warmup for the provincial election next year, Legault said, "I finish by saying that I need you the activists. Together, we have already made a lot of changes, but have still many changes to make. And so, I think, I have the impression that we are going to need another mandate. It wouldn't be great, it seems to me in any case, to break the momentum. As far as I'm concerned, I'm ready to go for another four years. Do you feel like getting on board with me?"

If the CAQ's gathering was an indicator of what the party has in store leading towards the October 2022 election, Quebecers can expect the party will be repeating the strategy that got

them elected in 2018 – an intense focus on the province's rural regions where their electoral support is strong, with less attention paid to the major urban centres where they have thinner support.

## Little focus on Montreal region

Throughout Legault's closing speech summing up the party's accomplishments while offering a glimpse of the future, scant reference was made to Quebec's largest urban centres – including the greater Montreal region. And even then, it was only while referring to the "inter-dependence" of the urban centres with the regions in helping to develop and build up the overall economy of Quebec.

Whether the Premier was consciously trying to emulate the late Canadian Prime Minister Sir Wilfrid Laurier who famously said, "Let me tell you, my fellow countrymen, that all the signs point this way, that the 20th century shall be the century of Canada and Canadian development," Legault confidently proclaimed:

"The 21st century will be the century of the green economy, and the 21st century will be the century of Quebec." Similarly, and invoking the regional theme again, Legault said later, "My dream, as I was saying earlier, is that the 21st century becomes the century of the regions of Quebec."

## Legault's economic nationalism

The word "nationalism" loomed at some points during Legault's speech, although mostly in an economic rather than cultural or political context. The Premier said he was proud of how Quebecers went all out to purchase Quebec-



made products so as to encourage the local economy during the pandemic.

"We're going to continue – the idea is to replace other products, including products made in China with products made in Quebec," he said, pronouncing the part about China in English.

"Sure, we won't be able to replace all the products. But there are some where we are able to be competitive." Regarding the province's agricultural output, Legault observed, "When you look at what we eat, there's just 50 per cent that comes from Quebec."

## Hi-speed Internet for regions

A significant part of the focus over the week-end (dealing again with the province's regions) was a CAQ government plan to make high-speed Internet service available in all isolated

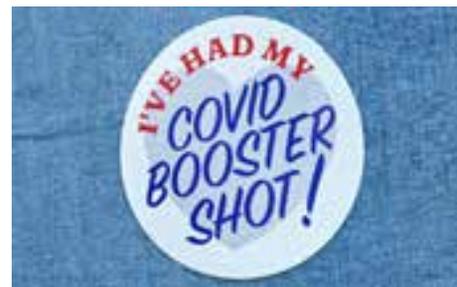
and far-flung sectors of Quebec before the government's mandate ends late next year.

On the issue of employment, Legault again invoked the regions, noting that there are regions of Quebec where unemployment persists in spite of a shortage of workers reported by business owners. "The best way to enrich Quebec is to enrich all the regions," he said, while also emphasizing that job re-orientation and retraining will be made available in the regions.

Perhaps more ominously in terms of what a second CAQ mandate could mean, the Premier suggested that the province's universal health care system could undergo a major "decentralization" comparable to the one that saw Francophone school boards abolished and converted into educational service centres during the CAQ government's first term.

# Vaccination against COVID-19

Booster shots for over 80 roll out in the Laurentians



appointment online. A free shuttle service is also available on the territory for people with reduced mobility and requiring support or not having means of transport. To access it, simply call 1 866 495-5833.

For any questions about vaccination against COVID-19, it is possible to discuss with a health professional from the CISSS des Laurentides by making an appointment by writing to covid-19.vaccination.questions.cisslau@ssss.gouv.qc.ca or by calling 1 866 495-5833.

According to Health Canada infobase, while the COVID-19 vaccines are effective, there is still a small percentage of the population who are vaccinated that will still be infected with COVID-19 if they are exposed to the virus that causes it. This means that even with high vaccine effectiveness, a small percentage of the population who are vaccinated against COVID-19 will still get sick and some may be hospitalized or even die as a result of their illness. It is also possible that a person could be infected just before or just after vaccination and still get sick. It typically takes about two weeks for the body to build protection after vaccination, so a person could get sick if the vaccine has not had enough time to provide protection. Cases and deaths have plateaued all over the country in low numbers and as of now 75% of eligible Canadians have been fully vaccinated.

MARIA DIAMANTIS  
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As of November 16, people aged 80 and over living in their own home will be able to make an appointment to receive a booster dose of the COVID-19 vaccine at the various vaccination sites in the territory. An interval of six months or more since the administration of the last dose is required.

"Even though many people in this age group have already received two doses of the vaccine, experts recommend a booster dose to increase the vaccine's effectiveness in order to avoid developing complications if they catch COVID-19" said the President and CEO of the Laurentian Integrated Health and Social Services Center (CISSS), Ms. Rosemonde Landry.

To make an appointment online, residents must visit Québec.ca / vaccinCOVID or on the NotifVAX mobile application. For those who do not have access to the Internet or who have difficulty using it, one can call 1 877 644-4545 for support. If necessary, relatives are encouraged to help the elderly to make an



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# OPINION & Editorial



## THAT'S WHAT I'M THINKING

Robert Vairo

### Stop the Grandiose Promises on Climate Change.

Don't kid yourself. Smiling Joe Biden is no friend of Canada. Other than Trump, he's the first U.S. President not to visit Canada after his election. He is the first President to reach out to Australia, instead of Canada to form a security alliance. He is intervening in Canada's Enbridge number 5 pipeline that runs through Michigan and provides heating and gas to Quebec and Ontario, but only because had that pipeline closed, the state would have to get its propane and other gases elsewhere at a much higher cost, and Joe Biden cannot afford to lose more support, especially from such a vital state like Michigan. It doesn't matter to him what would have happened to Canadian provinces.

Buy U.S. policy completely disregards its largest trading partner, Canada, supplier of water, gas, and oil at less than wholesale prices to our neighbour. Canada to Joe Biden is just another Mexico.

And sadly, not a peep from Canada's opposition parties. The NDP is in bed with the Liberals so it's not expected to voice concern, but the Conservatives have not complained about American policy. There has been no outcry over the absurd rise in the cost of groceries due to inflation, expected to reach 5%, in part due to our Prime Minister's "gargantuan and furious spending" over the last year, and no one has voiced concern over the delay in reconvening parliament. Frankly we are devoid of representation. Especially with a new government that was elected with support from fewer than one in three Canadians.

And so, the three amigos are having a sit down in Washington this week. Whatever Joe wants to discuss, Trudeau must not cave in, like he did at the ludicrous and hypocritical COP26 (26th meeting of the Conference of the Parties) in Glasgow Scotland.

Canada sent more delegates than any other country. It included "277 bureaucrats, not including the prime minister's official photographer, official videographer and lead speechwriter, 17 press secretaries and communications directors" with the Canadian aircraft parked next to hundreds from other countries, plus over 100 private jets, and thousands of vehicles in each leader's motorcades. A fine example by world leaders to help curb carbon emissions.

Mr. Trudeau saw fit to make his contribution on the world stage, by boastfully announcing a cap on Canada's oil and gas emissions in a way that would decimate an already beaten and battered Alberta economy, where almost 20% of our GDP is generated. I am stunned that not one of our political leaders complained. Even Conservative Erin O'Toole was only mildly critical, actually gutless.

Why the oil and gas industry? Why not cap Canada's aerospace empire, "one of the biggest growths of global emissions", which happens to be centered in Trudeau's priority electoral province, Quebec? Nor did our Prime Minister single out friendly British Columbia, where the Port of Vancouver is the largest exporter of thermal coal in North America. No, just Canada's gas and oil industry.

Why berate what is so vital to Canada instead of striking a positive note and sighting true Canadian advancements in the climate change debate.

Trudeau could have boasted about Canada's outstanding technological achievements in capturing carbon dioxide. Alberta has two commercial-scale projects reducing greenhouse gas (GHG) emissions by 2.76 million tonnes each year. We have a phenomenal, and growing carbon capture industry, in fact Canada is a leader in carbon capture, utilization and storage.

Like him or hate him, Stephen Harper, has a realistic view, citing political will is not the issue at the COP26 Climate Summit. Harper says that wind mills and sun power cannot yet deliver the power to electrical grids to allow us to operate as we do today. Says Harper "the technological developments simply have not occurred yet, or suffer from resource deficiency." He is right on.

And how about some transparency and accountability from COP26, when billions are donated to countries for the environment, as there were with the Paris Accord, but are often diverted to other sources. Some have called it 'kleptocrat corruption'. None of these leaders has addressed that.

It's easy and popular to shout about the need to reduce carbon emissions, and promise reaching zero carbon emission by 2050. What the rich world does, matters little. We all know that countries like India, the third largest world polluter, will not be able to afford this kind of radical turn around. China, the largest polluter in the world, where 60% of its energy is still produced by coal, did not even attend the Summit. So, let's be realistic about carbon emissions and stop with these grandiose promises.

The Financial Post suggests accelerating "investment into R&D of cheaper, low-CO2 energy, from fusion and fission, solar, wind and batteries to second generation biofuels" and many other brilliant ideas will follow. Strong government incentives to extract lithium from depleted oil and gas reservoirs, and harness geothermal energy.

Wouldn't this be cheaper, and achieve giant step results, rather than carbon taxes that increase every year, adding to the cost of everything.

The reality is, the end result will bring breakthroughs for new and greener energy, without the flowery empty promises, and the brutal cost to all taxpayers.

### ANGRY? FRUSTRATED?



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That's what I'm Thinking.  
Robert Vairo  
[robert@newsfirst.ca](mailto:robert@newsfirst.ca)

# Nova Bus shifts some electric production to U.S., despite subsidies from Ottawa

*St-Eustache firm makes Plattsburgh its hub for U.S. electric bus production*



**MARTIN C. BARRY**  
marty@newsfirst.ca

Despite the fact Saint-Eustache-based Nova Bus has decided to make Plattsburgh NY the new hub for its future production of electric buses for the U.S. market, the company says investments from the Canadian government are helping to upgrade its manufacturing facilities in Saint-Eustache and Saint-François-du-Lac. The Volvo Group subsidiary, which has become a leading North American transit bus manufacturer, unveiled its new 100 per cent electric, long-range dual charging bus, the LFSe+, at the New York Public Transit Association conference in New York State's capital, Albany, in October.

## Latest electric bus

In a statement issued by Nova Bus, the company said the LFSe+ is the result of a combination of Nova Bus expertise and some of the latest, cleanest and most sustainable technologies, all while maintaining the proven reliability of Nova Bus's LFS platform.

Nova Bus says the new LFSe+ integrates a proven electric drive motor and next generation power electronics from BAE Systems, using advanced materials such as silicon carbide to improve heat management.

The company says the lower weight and increased power density of the BAE Systems technology also add to bus performance and durability. Powered by an integrated modular system, they say the electric drive motor significantly decreases maintenance costs and produces no greenhouse gas emissions.

## 'Home State of New York'

"We are very excited to physically unveil our LFSe+ in our home State of New York and mark an important moment in the history of Nova Bus," Martin Larose, president of Nova Bus, said in a statement, while suggesting the Canadian-registered company is headquartered in the U.S.

"Nova Bus is making Plattsburgh the hub for electric bus production for the U.S. market and it's exciting that they are showcasing one of their innovative LFSe+ buses in Albany for all of New York's transit operators and policy makers to see first-hand," said New York State Assembly member for the 115<sup>th</sup> District Billy Jones.

## Ottawa providing \$184.8 million

While referring to "this major development in bus production," he added, "I will continue to help boost this major manufacturing opportunity for New York in every way I can."

Last June, Nova Bus announced further investments towards the modernization of its manufacturing facilities and processes. "In support of this Transformation Project, the Government of Canada will, through the Strategic Innovation Fund, make a financial contribution of \$15 million toward a total investment of \$184.8 million," the company said in a statement then regarding Ottawa's investment.

## Money used for upgrades

The subsidy included funding for the upgrade of Nova Bus's Quebec manufacturing facilities in Saint-Eustache and Saint-François-du-Lac, and the introduction of innovative energy-efficient processes and digital technologies to increase operational efficiency. As well, Nova Bus said the investments would help strengthen the company's research and development abilities towards zero emission transit buses.

"The Government of Canada's contribution will support Nova Bus' Transformation Project and electrification strategy, which began in 2017," said the company. "The plant modernization phase began in the fall of 2020 with the expansion of the Saint-François-du-Lac facility and the addition of manufacturing capability in the Saint-Eustache area."

## Buses sold to San Francisco

Earlier this month, Nova Bus announced a new order for three electric Nova Bus LFSe+ vehicles



From left to right: Head of Legal, Public Affairs and External Communications at Nova Bus Christos Kritsidimas, Nuria I. Fernandez of The Federal Transit Administration, Jeff Nelson General Manager of the American Public Transportation Association, Paul Skoutelas President and CEO of the American Public Transportation Association and Nova Bus President Martin Larose at the American Public Transportation Association Expo and conference in Orlando held last week. (PHOTOS: NOVA BUS)



by the San Francisco Municipal Transportation Agency (SFMTA).

"We look forward to introducing the Nova Bus LFSe+ buses to the San Francisco community. These zero-emission buses will help keep the city air cleaner as well as provide a quieter

transit experience and a healthier environment to its passengers," said Larose. "We are proud to be working with the San Francisco Municipal Transportation Agency and help lead the charge toward the electrification of transit in California and across the USA."

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# The city of Deux-Montagnes takes part in the 100 radon screening kits challenge

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

The City of Deux-Montagnes is collaborating in the “100 radon screening kits” program of the Coalition *Occupy yourself with Radon* by providing a screening kit to the first 100 Deux-Montagnais who will register for the program.

## What is radon

Radon is a radioactive gas that comes from the ground. This gas enters all buildings in contact with the ground and can move around the building, including on upper floors. Radon is odorless, colorless and tasteless. It is therefore impossible to detect it by human senses.

Being the leading cause of lung cancer in non-smokers, radon can be found in high concentrations across the country. Although Canada has had a national radon plan for more than a decade, many Canadians are still unaware of the existence of this deadly gas.

“Testing for radon is simple to perform and there are effective solutions available to reduce radon levels in homes where they are high,” says Pam Warkentin, Executive Director of the Canadian Association of Radon Scientists and Technologists (ACSTR) and project manager of *Occupy yourself with Radon*. “The first step is to know the radon level in your home. Every home should be tested for radon - it’s that simple.”

## How to enroll in the program” 100 radon test kits”?

As of November 9, the first 100 residents of Deux-Montagnes who complete the online registration form will receive a FREE screening kit from the Coalition *Occupy yourself with Radon*. The distribution of screening kits to the first 100 registrants will



take place at the Deux-Montagnes Library between November 24 and December 2. Instructions on how to properly complete the 100-day screening period will be included in the kit.

Following the 100-day screening period, citizens will have to return the radon detector to the library so that the kits can be taken to the laboratory. After a few weeks, each participant will receive an individual report by email.

## November 23 at 7 p.m.: Online information session

Program participants are encouraged to attend an online infor-

mation session to learn more about the health effects of radon, Health Canada’s recommendations as well as to where and when they can get their radon detector. More details on this session will be sent to registrants.

## About Occupy yourself with Radon

Occupy yourself with Radon is a national initiative to bring together radon stakeholders and educate them about radon across Canada. The initiative is led by the Canadian Association of Radon Scientists and Technologists (ACSTR), CAREX Canada and the Canadian Cancer Society.



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# Four stars awarded for the quality of water in Saint-Eustache

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

## Program of excellence of the Environment Network

As part of the 44th edition of the Symposium on water management, the City of Saint-Eustache has obtained a “4-star level certificate” for the superior quality of its drinking water. The event is organized by Réseau environnement, the largest group of environmental specialists in Quebec.

The environmental network certificates reward the water treatment facilities members of PEXEP (Programme d'excellence du Réseau environnement), which stood out on three aspects during the year 2020. The decisions are based on the superior quality of the water produced in relation to the regulations in force, the consistency of production as well as the

sustained efforts for the continuous improvement of the processes and their operation.

## Other certificates of excellence

The City of Saint-Eustache is also one of the three municipalities that have received a certificate in the StaRRE Excellence Program (Water Resources Recovery Station). The purpose of this is to ensure the quality of liquid discharges and sewage sludge produced by municipal treatment plants. In Saint-Eustache, this is the water discharged into the Mille Îles River by the wastewater treatment plant.

The City obtained a third certificate in the Program of Excellence in Drinking Water, distribution component, which aims to improve the quality of drinking water distributed to citizens.

“By participating in these various programs, we make sure that the City obtains practical tools and support that allow it to maintain very high drinking water quality standards and achieve its environmental objectives in terms of waste treatment. And we are proud to see the continuous efforts of our employees of the Service des eaux thus recognized,” said the mayor of Saint-Eustache, Mr. Pierre Charron.



# Sainte-Thérèse dresses flashy for the holidays!

**MARIA DIAMANTIS**  
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Halloween is over, municipal elections are over and winter is coming fast to the North Shore. As the last remnants of colour are giving way to grey, brown and white, the holiday season is the perfect excuse to start introducing some human color into this drab season.

Sainte-Thérèse is lighting up the way to the holidays inviting all Teresians on November 19, to the Great Illumination of the Village of Sainte-Thérèse! This colorful event will take place at 6:30 p.m. at Place du Village, located at 6, rue de l'Eglise. The magic of the holidays will be at the rendezvous during this evening in the open air, during which the popular pyromusical show will be presented. Brilliantly combining fireworks and music, this special holiday-magic event promises to dazzle! Spectators will also have the opportunity to admire the new decor-

ations illuminating this magical place in the heart of the Village of Sainte-Thérèse.

Straight from the North Pole, none other than Santa Claus will be there to meet the children who have been good all year! In addition, the musical atmosphere will be provided by DJ Christian Alary and traveling events will warm the hearts of young and old. Small snacks and other surprises will also be there to enhance this festive event.

## Special measures

In accordance with public health rules, places will be limited, and entry will be on a first come, first served basis. It is therefore advisable to arrive as soon as the site opens at 6.30 p.m. to get a seat. The health instructions in force will be applied and the vaccination passport will be required for any person aged 13 and over.

The Great Illumination of the Village kicks off the festivities of the Sainte-Thérèse Christmas Village. From November 25 to December 12, it is back in force with its anniversary edition! Residents are invited to consult the city's site for more information.



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## Changing Sleds

*Last night my boyfriend of three years dropped a bombshell on me. He is concerned about how comfortable we have become. He expressed doubts about our relationship and where it is going.*

*I'm only 29 and he is 31. We have been living together for a year, and recently our sex life slowed down to maybe once a week. I too noticed this. Lately I have been the one to initiate lovemaking, which I chalked up to his busy schedule.*

*I've also gained some weight and was not feeling comfortable in my own body. I do not walk around the house or sleep in the most flattering clothes. My boyfriend basically said he has not been attracted to me lately, which is why he stopped initiating.*

*He said he is afraid it's only going to get worse. He wondered if he should have dated more before he settled down, which crushed me.*

*I am well aware that we have come to a plateau in our relationship, but I saw this as a minor issue. I can honestly say I was happy and saw us moving into the future. Lately, I've been getting to the gym more often to feel more attractive, and I thought things could change.*

*I thought he was happy and comfortable too. That doesn't seem to be the case.*

*Although he agreed to work on the relationship and possibly get some counseling, it's for his own emotional issues and about letting his guard down after his last relationship.*

*I appreciate his honesty in not letting this go on any longer, but like I said, I am crushed. I want to work on the relationship, but I don't know if I can get over his revelations and my hurt feelings.*

*I thought he was attracted to my whole person, not just my body.*

Harper

Harper, it sounds like your boyfriend is saying it's him, not you. He regrets not dating more and he feels the need for therapy to get over a past relationship.

You'd like to make the issue about a few pounds, because that is something you can work on. It also allows you to blame him. "He's shallow, and it is all about looks." But you don't mention anything he said directly about weight.

Two-person bobsledding is a dangerous sport. The sport requires teamwork all the way down. It's all physics and Newton's laws of motion. Once the run starts, the sled keeps going until it either crashes or passes the finish line. If it crashes, people get hurt.

The safest way to stop the bobsled is at the top of the run, and that is where the two of you are.

Your boyfriend has pulled back, trying to create a little space to make it less painful. It appears he's a nice guy, though maybe a little weak. He should probably be more direct because what he's trying to say is, "I am not going down the hill with you."

Though he conceded to your idea of working on the relationship, he said counseling would serve a different purpose for him. And at 31, saying he hasn't dated enough sounds lame. It sounds more like, "I've now come to the knowledge I'm not in love."

In a way, counseling in dating can be an interference with the dating process. Often it is used as a tool by the one who wants to continue against the one who wants to stop.

He's not a mean guy and he doesn't want to hurt you, but he is saying this is not for me. You are almost all the way there, too. The idea of a future together has been spoiled. So spoiled you don't think you can get over it.

As we said, two-person bobsledding is a dangerous sport. It takes teamwork all the way down.

Wayne & Tamara

Wayne & Tamara Mitchell are the authors of **YOUR OTHER HALF** ([www.yourotherhalf.com](http://www.yourotherhalf.com)) • Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: [DirectAnswers@echowork.com](mailto:DirectAnswers@echowork.com)

## Health regulations impact on Blainville activities



**MARIA DIAMANTIS**  
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For The North-Shore News • [info@newsfirst.ca](mailto:info@newsfirst.ca)

The recent announcements by the Government of Quebec concerning health instructions will have an impact on certain activities offered by the City of Blainville or taking place in its premises and buildings, in particular with regard to capacity limits and the requirement for a vaccination passport.

### Aquatic recreation center and arena

As of Monday, November 15, the following changes will be applied to these two buildings:

All visitors 13 years of age and over must present a vaccination passport as well as proof of identity with photo (for those aged 16 and over more) at each presence. Participants in courses or activities will also need to present the passport. Wearing a face cover remains compulsory for everyone.

Reservations will no longer be required for open swims and for lifeguard training at the Aquatic Center. For free skating at the arena, reservations are required.

Hairdryers will again be available in the changing rooms of the Aquatic Center and the arena. It will also be possible for residents to bring their own dryer.

The changing rooms of the aquatic recreation center will again be gendered. Participants are requested to respect the assignment of changing rooms for men, women or families.

The arena restaurant remains closed until further notice and the Public Health Department recommends avoiding consuming food in the stands, since distancing is no longer required.

\* Exception: the vaccination passport is not required for accompanying persons (parent of a child under 10 or accompanying a person with a disability). An accompanying person will be exempted from presenting the passport if he is present with the person requiring assistance in the locker room, for example. However, the accompanying person must present their passport if they wish to go to the stands during the activity.

### Association activities offered in municipal buildings

Associations will now be able to offer their activities according to the actual capacity of the rooms, but they will have to require a vaccination passport from all participants. The face covering is still required, except for eating or drinking or during physical activity.

Reservation of rooms, park chalets and sports facilities

Citizens who so wish can once again reserve sports halls and facilities in buildings and park chalets. It will be possible to accommodate

## The CISSS des Laurentides is recruiting

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The Integrated Health and Social Services Center (CISSS) des Laurentides continues to actively recruit staff in all its sectors, particularly nurses and nursing assistants as well as respiratory therapists.

With this in mind, the CISSS maintains daily efforts to maximize the positive impact of the measures announced on September 23 by the Minister of Health and Social Services, Mr. Christian Dubé, allowing nurses, nursing assistants and respiratory therapists to obtain financial compensation

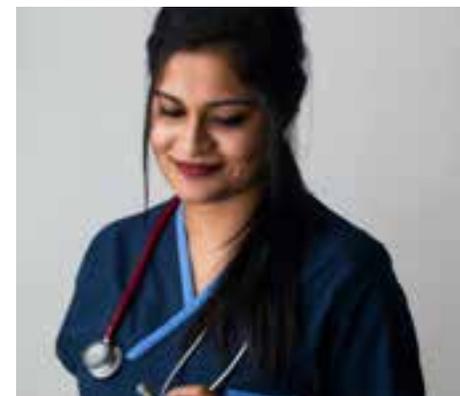
### in specific situations.

Among other things, it should be noted that to date, 425 people will receive bonuses for CISSS employees committing to one-year full-time employment and that 58 of them were part-time employees who agreed to take on a full-time position. Also, nine people received the bonuses issued to daytime employees by agreeing to work evenings or nights for 4 consecutive weeks

and several hundred employees benefited from the \$ 200 bonus when adding shifts at weekends.

The CISSS des Laurentides is also participating until November 13 in the virtual job fair "For a health public network". Those interested can get a job offer in just 24 hours.

Favorable financial incentives up to \$ 12,000, job stability, reconciliation work - life, are some of the many measures being implemented to provide nursing staff and cardiorespiratory care personnel the best working conditions possible and exercise in order to create a fulfilling and stimulating environment.



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# Donate your skates!

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

As part of the Patines-tu? Project, the City of Sainte-Thérèse invites citizens to donate ice skates that they no longer use, but which are still in good condition, in order to share them with other skaters.



The concept comes from the initiative of the Youth Consortium of the MRC de Thérèse-De Blainville, in which the seven partner cities participate: Blainville, Boisbriand, Bois-des-Filion, Lorraine, Rosemère, Sainte-Anne-des-Plaines and Sainte-Thérèse.

To accommodate the citizens of the seven cities wishing to donate their skates, several drop-off points have been made available:

## **SAINTE-THÉRÈSE:**

Maison du citoyen (37, rue Turgeon)

## **BLAINVILLE:**

Aréna (1009, rue de la Mairie)  
Center récréoaquatique  
(190, rue Marie-Chapleau)

## **BOISBRIAND:**

Arena (999, boul. de la Grande-Allée)

## **BOIS-DES-FILION:**

Recreation department  
(479, boul. Adolphe-Chapleau)  
Center des loisirs (80, 33e Avenue)

## **LORRAINE:**

Town hall (33, boul. De Gaulle)  
Arena (60, boul. De Gaulle)

## **ROSEMÈRE:**

Recreation department  
(325, ch. De la Grande-Côte)  
Memorial community center  
(202, ch. De la Grande-Côte)

## **SAINTE-ANNE-DES-PLAINES:**

Sports center  
(130, rue des Saisons)  
Recreation services  
(141, boul. Sainte-Anne)

## Skates distribute

Skates collected are distributed to organizations and citizens of the MRC de Thérèse-De Blainville. Anyone interested can come to Sainte-Thérèse, to the chalets in Richelieu and Ducharme parks, as soon as the rinks open, to get their hands on a pair of used skates for free. Visit [www.sainte-therese.ca] > Quoi faire à Sainte-Thérèse > Patinage libre et patinoires extérieures (Free skating and outdoor rinks) to stay tuned for the opening hours of outdoor rinks this winter.

Ducharme Park is located at the corner of boul. Ducharme and rue Saint-Louis, in Sainte-

Thérèse. Richelieu Park is located at the corner of Deschambault and Paré streets, in Sainte-Thérèse. It is important to remember that used skates may need a good sharpening and a new pair of laces before they can be put on the ice. Information: 450 434-1440, extension 2540.

The project has been a huge success and has been implemented for many years involving multiple organizations in the territory including schools of the Seigneurie-des-Mille-Îles service centre. Many families that do not have the means to purchase skates have benefitted from this initiative of the Youth Consortium.

# Classifieds

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# In Memoriam & Obituaries



**LEVESQUE RENAUD Anita**  
1938 - 2021

At his residence in Sept-Îles, on November 13, 2021 passed away at the age of 83 Mrs. Anita Levesque wife of the late Mr. Eric Renaud. Mrs. Anita Levesque Renaud is survived by her children: Alain and Claudette (Gordon Cody), her grandchildren: Marie-Pierre, Stéphanie, Keven, Marie-Claude and Camille, her great-grandchildren: Maude-Sophie, Léa-Monica, Marjorie, Alexander and Cloé, her sister Lucette, her daughter-in-law Brigitte (André Morasse), her brothers-in-law and sisters-in-law as well as her nieces and nephews.



**HARVEY Yvonne**  
1930 - 2021

At the Centre d'hébergement Boisvert, on November 11, 2021, at the age of 90 years and 11 months, passed away Mrs. Yvonne Harvey, daughter of the late Mrs. Albertine Manning and the late Mr. Adélarde Harvey. She lived in Chute-aux-Outardes. He is survived by her children: Marcelle (William), Bernard, Michel (Lise), Johanne, Andrée (Omer), Adélarde, Rachelle (Gérald) and Nathalie (Serge); his grandchildren: Éric, Sonia, Isabelle, Amélie, Gino, Sébastien, Véronique, Steeve, Tommy, Marie-Pier, Maxime, Johanie, David and their spouses, his great-grandchildren, his great-great-grandchildren as well as his nephews, nieces, cousins and friends.



## Rest in peace with pre-arranged funeral services



Losing a loved one can be an overwhelming ordeal. Nevertheless, the deceased's family typically must oversee a variety of administrative tasks and make numerous decisions to organize the funeral service. To ensure your loved ones don't have to deal with these burdens while grieving your passing, make the necessary after-life arrangements without delay.

There are two contracts you'll need to sign off on: one for the funeral arrangements and one for the burial.

The former specifies the services that will be afforded upon your death, which may include cremation, embalming and a ceremony. This document also outlines the purchase of associated items such as the coffin, urn, monument and/or flowers.

The burial contract, on the other hand, has to do with the purchase and maintenance of your final res-

ting place. This may pertain to a cemetery plot, a mausoleum or a space in a columbarium.

### Advantages

When you pre-arrange your funeral, you ensure that your after-life services will unfold according to your personal preferences and beliefs. Additionally, you'll be doing your loved ones a kindness by preventing them from undertaking on such a trying task at a time when they're already grieving.

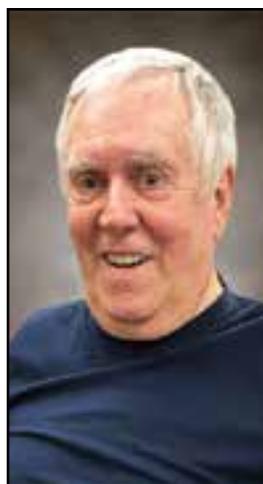
Making pre-arrangements for your funeral also has many financial benefits. For example, given that you'll pay for all goods and services at their current price, and that no additional amounts can be charged after your death (even if your coffin costs twice as much by then), you'll avoid the costs associated with inflation.

For all of the above reasons, making pre-arrangements for your funeral is the wise and compassionate thing to do.



**GUILLEMETTE Léo**  
1940- 2021

In Sept-Îles, on November 10, 2021, passed away at the age of 81, Mr. Léo Guillemette husband of Mrs. Rose-Aimée Gagné and domiciled in Sept-Îles. He is survived by his wife Mrs. Rose-Aimée Gagné, his daughter Johanne, his son Joël, his grandson Sébastien (Véronique Jean), his great-grandson Félix as well as his brothers, sisters, brothers-in-law, sisters-in-law, nephews, nieces, cousins and many friends.



**DONTIGNY, YVON**  
1939 - 2021

In Quebec City, on October 26, 2021, passed away at the age of 82, Mr. Yvon Dontigny husband of Mrs. Armande Méthot and domiciled in Sept-Îles. He is survived by his wife Mrs. Armande Méthot, his son Alain, his grandson David, his brother Fernand (Danielle) as well as his brothers-in-law, sisters-in-law, nephews, nieces, cousins and many friends.



**NICOLAS MAGELLA**  
1956 - 2021

In Les Bergeronnes at the Centre intégré de santé et des services sociaux de la Côte-Nord, on November 7, 2021 at the age of 101, passed away Mr. Magella Nicolas, son of the late Mrs. Régina Therrien and the late Mr. Gérard Nicolas, husband of the late Mrs. Fleurita Gagnon. He lived in Tadoussac. He is survived by his children: Lisette (late Roger Varin), Guy (Reine Gagné), late Gaston (Claire Hovington), Carole (Jean-Victor Lavoie), André (Johanne Gagné), Pierre (Tania Roussi) and Christine; his 15 grandchildren; his 22 great-grandchildren; his brothers and sisters as well as his brothers-in-law, sisters-in-law, cousins, nephews, nieces and friends.

Contact us today to place an obituary or in memoriam in our next issue  
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# HOROSCOPE

Week of **NOVEMBER 14 TO 20, 2021**

The luckiest signs this week:  
**VIRGO, LIBRA AND SCORPIO**



## ARIES

You'll be a chatterbox this week, but luckily there will always be someone around who wants to talk. At work, you'll expand your clientele considerably, and you might even make some new friends.



## TAURUS

You'll find some money tucked away, perhaps in the pocket of an old ski jacket that you forgot about last year. In your love life, you need to communicate more openly, if only to receive the affection you desire.



## GEMINI

You'll start to plan various events that you need to attend in the near future. If you're feeling a heavy emotional weight on your shoulders, some self-reflection would probably do you good.



## CANCER

Silence can often be worth more than words. You have an extraordinary well of creativity to draw upon. The comfort you feel at home will allow you to create a work of art or open yourself up to a spiritual practice.



## LEO

Some friendships don't deserve your attention, so you may need to clean up your social circle. You'll take a liking to some of your colleagues as you collaborate on a project and take on a leadership role.



## VIRGO

It's normal to want to celebrate after accomplishing a feat or completing a major project. That's why you won't hesitate to join in on any festivities organized by your co-workers or loved ones.



## LIBRA

You need to have fun, and procrastination is in the air. Remember that relaxation is necessary at times. Afterward, you'll be able to move forward with more determination and avoid any kind of delays or distractions.



## SCORPIO

If your family is scattered across the country, you'll start to plan a wonderful holiday tour to visit everyone. Alternatively, you'll consider going on vacation with your loved ones.



## SAGITTARIUS

You're a master in the art of negotiation. At work or elsewhere, you'll successfully reach an agreement on the financing for a project. You might find yourself afraid to disappoint those around you.



## CAPRICORN

You'll have a successful week, especially if you work in sales. You'll see an increase in customers to the point where management will have no choice but to promote you. You'll also be good at managing the little details.



## AQUARIUS

At work, it's important to have a put-together look so you can present yourself in the best light. Being able to joke around will also be well received by your superiors. In love, passion leads to commitment.



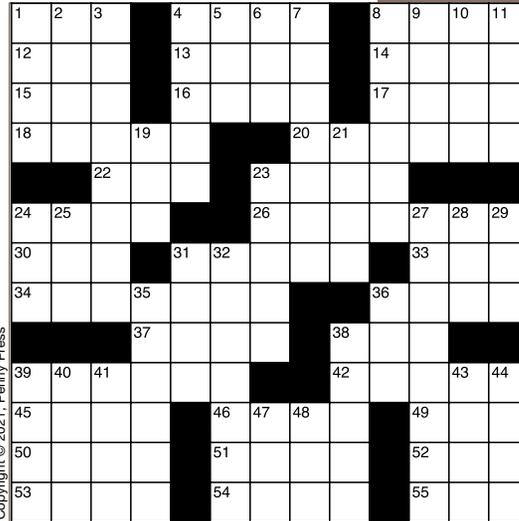
## PISCES

You'll have a few small family matters to take care of. Don't hesitate to talk openly about them, as silence can increase the risk of miscommunication at home. You may have to work late into the evening this week.

# Coffee Break

## CROSSWORDS

PUZZLE NO. 103



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### ACROSS

1. Snaky curve
4. Lead actor
8. As well
12. Dove's cry
13. Contend (with)
14. Lived
15. Deli purchase
16. Great Barrier \_\_\_\_
17. Speed competition
18. "Carmen," e.g.
20. Explodes
22. "\_\_\_\_ Sawyer"
23. Riding whip
24. Hot and dry
26. Furnaces
30. Jamaican product
31. Sobbed
33. As of now
34. Bent down
36. Tariff
37. Flower receptacle
38. Favorite

### DOWN

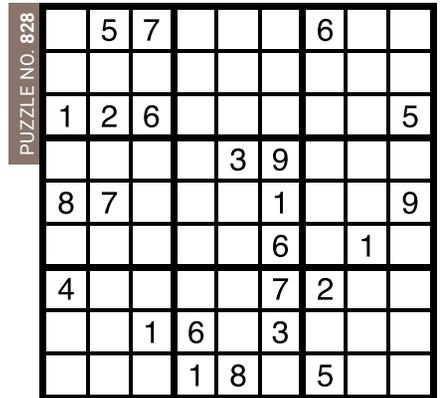
2. Bath bar
3. At a future date
4. Vamoose
5. Foot end
6. Monkey's cousin
7. Hockey official
8. Sudden
9. Dancer's jump
10. Religious faction
11. Small numbers
19. Lightning \_\_\_\_
21. Path
23. Scold
24. Flood boat
25. Trot
27. Upper canine
28. Accelerate in neutral
29. Swine home
31. Closemouthed person
32. Withstands
35. Avoided
36. Flower garland
38. Used a crowbar
39. Luxury hotels
40. Curve
41. Only
43. Factual
44. Alluring
47. Age of note
48. "Of Mice and \_\_\_\_"

# Sudoku

### HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

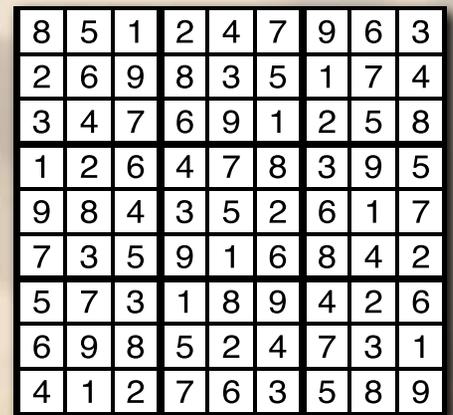


### Last Issues' Answers

## CROSSWORDS



## Sudoku



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